

Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.

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	Georgia Coastal Aquatic Team (GCAT) Hereafter known as "Host Club"
SWIMMING	2025 Georgia Age Group SCY State Championships February 21-23, 2025
SANCTION: ATTESTATION:	 Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #: GA25-028/STT Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. In applying for this sanctioned event, the "Host Club" agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and "Host Club," shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event.
MAAPP: Minor Athlete Abuse Prevention Policy	 This meet will adhere to the current Minor Athlete Abuse Prevention Policy ("MAAPP) set forth by USA Swimming. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming's Minor Athlete Abuse Prevention Policy ("MAAPP"). All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP.
ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE	Effective September 1, 2022, there will NO longer be a 30-day administrative grace period. Going forward, ANY 17-year-old athlete who has not completed the APT requirements by their 18th birthday WILL NOT be a USA Swimming member in good standing unless or until the APT requirement is completed. This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities. Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18th birthday as well as a reminder on their 18th birthday. ALL I+USA Swimming members aged 18 years old and older are required to complete APT annually. This is the individual's responsibility and includes both athlete and non-athlete members.

REPORT DISCRIMINATION:	The Georgia LSC believes that there is no place for discrimination in the sport of swimming.					
DISCRIMINATION.	If you believe you are the victim of discrimination, you are encouraged to report the					
	incident to USA-Swimming's Assoc	iate: Michelle	-	_		
	Steinfeld, <u>msteinfeld@usaswimming</u>			ption of the		
D E & I - Deference /	incident as well as a way to contact y For more information refer to gaswir		es involved.			
D, E, & I = Reference / Informational Section	Starting on September 1, 2022, USA		rs can submit and	onvmously or on		
	the record through plain text message			,,		
	Georgia Swimming LSC: D, E, & I (teamunify.com)					
			C1 ' 1' M			
Swimmers with a Disability:	All swimmers with a Disability participating in the State/Championship Meet must have achieved the <u>LSC Parallel Time Standards</u> in every event they enter the meet. The entry rules for the number of events and bonus swims will apply.					
	Additional Entry Requirements: Coa	ches entering swimm	ers with a disabil	ity use the		
	Necessary Accommodation Form. Sv	wimmers achieving a	Sectional Paralle	el Time		
	Standard in prelims each day will qu					
	be three mixed Swimmers with a Dis the beginning of the session, after the					
MEET DIRECTOR:	Bill Forrester/gcatcoach@aol.com					
MEET REFEREE:	Jason Frankel / jf18111@gmail.com					
ADMIN REFEREE:	Clarice Wasmuth / cwasmuth@come	east.net				
STARTER:	Jason Lamb					
STROKE AND TURN #1:	Amy Hebert					
STROKE AND TURN #2:	Amanda Hamborg					
ADMIN OFFICIAL:	Cheryl Loprinzo / meetentry@gaswi	m.org				
MARSHALL #1: - FEMALE	Emily Deloach					
MARSHALL #2: - MALE	Hubert Wells					
FACILITY:	Chatham County Aquatic Center,					
	7240 Sallie Mood Drive					
	Savannah, GA 31406					
	(912) 652-6793					
	This facilities competition pool is a			•		
	scoreboard. The competition course					
	The certification is on file with US.	•	•	•		
	pool depth at the start end equals (7-9 ft.) and turn end depth equals (7-9 ft).					
	24 warm-up lanes will be available prior to the meet and 6 will be available during the meet.					
MEDICAL SUPERVISION:	Lifeguards will serve as the medical supervision for this meet (Oxygen & AED Device, etc.) and available to athletes in the meet - RULE 202.4.11					
SCHEDULE:	Session		Warm-up	Start		
	Friday, Saturday & Sunday	8:45 AM	10:00 AM			
	Friday, Saturday, Sunday	5:00 PM	6:00 PM			
	Friday, Saturday, Sunday 11-14 Finals 5:00 PM 6:00 PM					
	<u> </u>					

MEET FORMAT:	SCYCombined (P/F + TF)
	 During Prelims events will be swum Slowest to Fastest, unless otherwise indicated.
	 For Finals, events will be swum Slow to Fast (13-14) C/B/A (11-12) B/A. Meet Management reserves the right to run the meet in two courses or use diveover starts.
	 500 Free and 400 IM will be a deck seeded event after positive check-in. Swimmers will need to provide their own timer and counter. 13-14 500 Free and 400 IM are prelim/final events with Top 16 from
	 prelims swimming at night (B heat/A heat) 1000 Free will be a deck seeded event after positive check-in. All heats will be contested during prelims. Swimmers will need to provide their own counter and timer. Swimming fast to slow alternating 13-14 heat then 11-12 heat.
	• (11-12) 500 Free, (11-12) 400 IM, (11-12) 200 Back, (11-12) 200 Breast, and (11-12) 200 Fly are timed final events. All heats will be contested during prelims.
	 400IM and 500 Free in prelims will swim two circle seeded 13-14 heats followed by fast to slow alternating 13-14 then 11-12 heats. Relay Events - All Relays will be conducted as Timed Final events. Events in which a swimmer does not show up for, or compete, will count as one of their daily swims for that day.
ENTRY FEES:	 IND EVENT FEE: \$10/event EVENT - LATE ENTRIES: \$20/event RELAYS: - \$20/event – Late Relays \$40/event TIME TRIALS: \$20/ event SURCHARGE - \$20/Swimmer
	Georgia Swimming Surcharge - \$3
ELIGIBILITY:	Open to all USA-registered swimmers and teams. GCAT will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.
205.2 AGE GROUP ELIGIBILITY	.1 Eligibility to compete in a particular age group shall be determined by the swimmer's date (not hour) of birth.
ENTRIES:	 .2 Age on the first day of the meet shall determine the swimmer's age for the entire meet. Limits: 11-14 Swimmers may swim a maximum of 3 individual events per day, Any swimmer who competes in more than their daily limit will be disqualified from the
	 Any swimmers entered with "SCM," or "LCM" qualifying time will be seeded below all swimmers with qualifying SCY times (YSL order). Bonus times will be seeded below qualified times in the same order.
	 Bonus swims: Swimmers who have qualified for an event in any session may swim three bonus events during the meet, in the 50y, 100y or 200y events (400 yard and above events cannot be a bonus swim option). Bonus swims can be used on any day. Bonus events count towards the daily event limit and must be designated as such on the entry.

Bonus swims must be marked as such on the event file. Failure to do so will result in the automatic removal of a swimmer from the bonus event. Teams must submit a report that includes bonus swims designated as such.

<u>Time Trial events</u> will be included in daily individual event limits. Deck entries can be made with the clerk of course up to 30 minutes before the start of the session.

Time Trials for National qualifying or ranking purposes will be available following morning prelims, time permitting as determined by Meet Referee.

<u>Relays:</u> only two relays per team are permitted to score, all other teams will be considered ineligible to score. Relay teams must be made up of swimmers from the same club and cannot include unattached swimmers.

Links to Time Standards for the meet:

- 10 & under, 11-12, & 13-14 State Cuts
- Relay Time Standards

In order to maintain a reasonable timeline and to regulate the continuity of the meet, the Meet Director, in consultation with the Meet Management Committee (Meet Director, AG Committee Chair, Meet Referee, and Coach) reserves the right to make the final decisions on dive-over starts, breaks; scheduling of Time Trials; and other issues that affect the management, versus the conduct of the meet.

PROOF OF TIMES:

Swimmers who enter this state championship meet must have achieved a time equal to or faster than the qualifying standard for each event entered since Feb. 1, 2024 through Feb. 16, 2025. The final results for each event will be reviewed by the designated Representative appointed by the LSC Chair to determine each swimmer's eligibility for this meet. If a swimmer fails to achieve the qualifying standard at this meet and cannot prove that he/she achieved the qualifying standard before the entry deadline, then Georgia Swimming, Inc. will invoke a fine of \$50.00 against the team of said swimmer, or against the swimmer if unattached, for each non-qualifying time, ANY SWIMMER WHO FAILS TO ACHIEVE OR PROVE AT LEAST ONE QUALIFYING TIME WILL ALSO BE FINED FOR ALL BONUS SWIMS ENTERED AT THE MEET. The SWIMS database will be the sole

source document used to verify proof of time for this meet. Failure to pay as prescribed by Georgia Swimming Rules and Regulations 7.2, Inc. will **result in the barring of said team/individual from participating in any meets until such time as the fine is paid in full.** Make checks payable to "Georgia Swimming." Proof of times are not required for relays.

*Entries slower than the qualifying time for any event and not marked as a bonus event will be deleted prior to seeding the meet.

CHECK IN:

To be seeded into the deck-seeded events, swimmers must check-in with the Clerk of Course by the times below. The Clerk of Course will close for events at the following times:

CLERK of COURSE

Friday, Saturday, and Sunday Morning: 11-14 session 9:30 AM for changes and/or late entries for this session 10:00 AM for positive check-in for the 1000 Free 11:00 AM for time trials

Season 2024-2025 / Revision v04_15_2023 (Final 4)

ENTRY SUBMISSION: ENTRY DEADLINE: Date: February 10 If there are meets on the weekend of Feb. 14-16, updated entries will be accepted by Monday Feb. 17 at 6:00pm. Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered. Email entry file and pdf entry report file to: meetentry@gaswim.org **LATE ENTRIES:** On site late entries will be permitted only if open lanes are available and will be seeded with the Qualifying Time for that event. No additional heats will be created. In deckseeded events, the original entries will be seeded, and late entries will be placed in empty lanes resulting from that seeding. Late entry fees will be doubled for individual and relay events. Coaches late entering swimmers on site who were not previously entered and cleared by the registration chair must have proof of USAS registration for each late entering swimmer (USA Swimming App is acceptable). Late entries will be accepted up until 30 minutes prior to the start of the affected session. **RULES: Current USA Swimming Rules will govern this meet. Tech Suit Restrictions for 12-and-Under Swimmers** (Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.) (Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.) This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Deck changes are prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet. On deck registrations will not be permitted during this event. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee. All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other World Aquatics-member organizations. All meet directors

	for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming. Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.
	Swimmers participating under the provisions of 202.9 or USA Swimming's "open border" policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
USA SWIMMING MEMBER VERIFICATION:	As of September 2022, Deck Pass and Deck Pass Plus are no longer available. To access USA Swimming member benefits, including your USA Swimming member card, download the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials are in good standing.
COACHES: COACHES MEETING:	Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC. Sign in at Clerk of Course table. Monday, February 17, 2025, at 8:00 PM via Zoom. Click here to join the Zoom meeting. Meeting ID: 840 6412 0327 Passcode: 891400
OFFICIALS:	GCAT welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 60 minutes prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts (prelims only), skirts or slacks with white socks and shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality. Officials or apprentices requesting certain positions should contact the Meet Referee as early as possible prior to the meet. Note that apprenticing as a Starter will not be allowed at
	this meet. Application for officials Note: This will be an OQM for N2 advancement or renewal and N3 S&T only.
MEET COMMITTEE / MEET JURY:	The Meet Committee / Meet Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, 2 Coaches, and 1 athlete member, as appropriate. As defined in the Official Glossary (2023 USA Swimming Rulebook)
AWARDS:	Medals will be awarded in each individual and Swimmers with a Disability event places 1st through 3rd, and ribbons 4th-8th.

	Medals will be awarded in each relay event for places 1st through 3rd.				
	An award will be presented to the most outstanding swimmer (top individual scorer), male and female, in each age group (11-12, 13-14) and Swimmer with a Disability.				
	The three highest scoring teams in each division will receive awards. Division I (XL): 451+ swimmers Division II (L): 201-450 swimmers Division III (M): 81-200 swimmers Division IV (S): 1-80 swimmers				
	It is the team's responsibility to pick up awards. Any awards not picked up at the conclusion of the meet will be shipped at the request of that team C.O.D. Please remember to pick up your swimmers' awards at the end of the meet to avoid incurring shipping charges.				
SCORING:	Events will be scored to 16 places for all Age Groups (11-12, 13-14,); Relays will score to 16 places. Swimmers and relays that do not achieve the meet qualifying time in an event cannot score points in that event. Only 2 relays per team can score.				
	Individual Events: 21-18-17-16-15-14-13-12-9-7-6-5-4-3-2-1				
	Relay Events: 42-38-36-34-32-30-28-26-24-18-14-12-10-8-6-4-2				
	Swimmers with a disability will be scored in their own mixed-age, mixed-gender scoring group. The formula for scoring this group is posted on the Georgia Swimming website.				
CONCESSIONS:	Food Trucks will be available in the parking lot.				
GEORGIA WARM-UP POLICY:	The <u>Georgia Swimming approved warm-up guidelines</u> will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities.				
GA. SCRATCH RULE:	Georgia Swimming Scratch Rule				
MISC. INFORMATION:	None				

Order of Events Friday, February 21, 2025

<u>Session 1: Preliminary Heats</u> Warm-ups: 8:30AM Competition: 10:00AM (Warm up times are subject to change by the meet host)

Girls Event #	Age	Event	Boys Event #		Notes
1	12 & Under	400 Medley Relay	2		
3	14 & Under	400 Medley Relay	4		
		5 – Minute B	Break		
5	11-12	200 Back	6	Time Finals	
7	13-14	200 Back	8	Prelims	
9	11-12	100 Free	10	Prelims	
11	13-14	100 Free	12	Prelims	
13	11-12	200 IM	14	Prelims	
15	13-14	200 IM	16	Prelims	
17	11-12	100 Breast	18	Prelims	
19	13-14	100 Breast	20	Prelims	
21	11-12	50 Fly	22	Prelims	
		5 – Minute B	Break		
23	13-14	1000 Free	24	Timed Finals	1
25	11-12	1000 Free	26	Timed Finals	

Note 1: events will be deck seeded after positive check-in (see "Check-In"). Events will be seeded fastest to slowest, and all heats will be contested during prelims, with all Girls' heats swimming in the pool by the diving well end, alternating 13-14, 11-12; all Boys' heats will be swum in the pool by the scoreboard end, alternating 13-14, 11-12.

Friday, February 21, 2025

Session 2: Finals

Warm-ups: 5:00 PM Competition: 6:00 PM

Girls Event	Age	Event	Boys Event #		Notes
7	13-14	200 Back	8	Finals	
9	11-12	100 Free	10	Finals	
11	13-14	100 Free	12	Finals	
13	11-12	200 IM	14	Finals	
15	13-14	200 IM	16	Finals	
17	11-12	100 Breast	18	Finals	
19	13-14	100 Breast	20	Finals	
21	11-12	50 Fly	22 Finals		
5 – Minute Break					
27	14&U	200 Free Relay	28	Timed Finals	
29	12&U	200 Free Relay	30	Timed Finals	

Saturday, February 22, 2025 Session 3: Preliminary Heats

Warm-ups: 8:45AM Competition: 10:00AM

Girls Event #	Age	Event	Event # Boys Event #		Notes		
31	11-12	200 Breast	32	Timed Finals			
33	13-14	200 Breast	34	Prelims			
35	11-12	50 Back	36	Prelims			
37	13-14	100 Fly	38	Prelims			
39	11-12	100 Fly	40	Prelims			
41	13-14	200 Free	42	Prelims			
43	11-12	200 Free	200 Free 44				
	5 – Minute Break						
49	13-14	400 IM	50	Prelims	3		
51	11-12	400 IM	52	Timed Finals			

Note 3: Events will be deck seeded after positive check-in (see "Check-In"). 400 IM in prelims will swim two circle seeded 13-14 heats followed by fast to slow alternating 13-14 then 11-12 heats.

Saturday, February 22, 2025 <u>Session 4: Finals</u> Warm-ups: 5:00 PM Competition: 6:00 PM (Warm up times are subject to change by the meet host)

Girls Event #	Age	Event	Boys Event #		Notes
45	14&U	200 Medley Relay	46	Timed Final	
47	12&U	200 Medley Relay	48	Timed Final	
		5 – Mii	nute Break		
33	13-14	200 Breast	34	Finals	
35	11-12	50 Back	36	Finals	
37	13-14	100 Fly	48	Finals	
39	11-12	100 Fly	40	Finals	
41	13-14	200 Free	42	Finals	
43	11-12	200 Free	44	Finals	
49	13-14	400IM	50	Finals	

Sunday, February 23, 2025

Session 5: Preliminary Heats Warm-ups: 8:30AM Competition: 10:00AM (Warm up times are subject to change by the meet host)

Girls Event #	Age	Event	Boys Event #		Notes		
53	12&U	400 Free Relay	54	Timed Finals			
55	14&U	400 Free Relay	56	Timed Finals			
		5 – Minut	e Break				
57	11-12	200 Fly	58	Timed Finals			
59	13-14	100 IM	60	Prelims			
61	11-12	100 IM	62	Prelims			
63	13-14	200 Fly	64	Prelims			
65	11-12	50 Free	66	Prelims			
67	13-14	50 Free	68	Prelims			
69	11-12	50 Breast	70	Prelims			
71	13-14	100 Back	72	Prelims			
73	11-12	100 Back	74 Prelims				
	5 – Minute Break						
75	13-14	500 Free	76	Prelims	4		
77	11-12	500 Free	78	Timed Finals			

Note 4: Events will be deck seeded after positive check-in (see "Check-In"). 500 Free in prelims will swim two circle seeded 13-14 heats followed by fast to slow alternating 13-14 then 11-12 heats.

Sunday, February 23, 2025 Session 6: Finals

Warm-ups: 5:00 PM Competition: 6:00 PM (Warm up times are subject to change by the meet host)

Girls Event #	Age	Event	Boys Event #		Notes
59	11-12	100 IM	60	Finals	
61	13-14	100 IM	62	Finals	
63	13-14	200 Fly	64	Finals	
65	11-12	50 Free	66	Finals	
67	13-14	50 Free	68	Finals	
69	11-12	50 Breast	70	Finals	
71	13-14	100 Back	72	Finals	
73	11-12	100 Back	74	Finals	
75	13-14	500 Free	76	Finals	

Necessary Accommodation Form – Athlete

Coaches, please state all requested accommodations/modifications.

Include with team entry and email copy to meet referee

Swimmer's Nan	ne:		_P1P	2 P3_	_ Meet:	Date:
Parallel Time St	andard Used:					
ClubLSC_	Coach:				Cell # (at me	eet)
Accommodatio	ns needed; please	describe.				
Modifications n	eeded; please deso	cribe.				
Session	Event	Heat	Lane		Modification	n(s) Per Rule 105

2025 Age Group SCY Championships February 21-23, 2025

Team Name	Team ab	Team abbreviation	
Team Address		_	
City	State	Zip	
Head Coach			
Head Coach E-mail	Head Co	ach Cell	
All coaches from your team mus	st be listed and have valid USA Swimming cred	lentials.	
3 rd Coach	4 th Coach	4 th Coach	
Facility Fee	\$20 x (number of athletes)	=	
Individual Events Fee	\$10 x (number of events)	=	
GA LSC Travel Fund	\$3.00 x (number of athletes)	=	
Relay Fee	\$20 x (number of relays)	=	
Time Trial Fee	\$20 x (number of events)	=	
	TOTAL		
Updated Entries due to swimme Mail entries to:1415 South Ca WAIVER, ACKNOWLEDGMEN I, the undersigned coace enclosed entry are registered with I acknowledge that I am regarding warm-up procedures of rules during this meet. I have reviewed RULE 302.4 Fa properly registered with USA S	efore February 10, 2025. Submit entries by emaners swimming in a Last Chance meet are due and and Circle, Savannah, GA 31406 NT AND LIABILITY RELEASE: ch, or team representative, verify that all swimm	the by February 17 th by 6:00pm the series and coaches listed on the ling and Georgia Swimming lince of my swimmers with those lift a swimmer who is not lion, Georgia Swimming Inc. may	
Signature/Title	Date		