

**DYNAMO SWIM CLUB
SENIOR CIRCUIT
LONG COURSE SWIM MEET
JULY 9-11th, 2010**

SANCTION: Sanctioned by Georgia Swimming, Inc. Sanction #**GA10-70**

HOST TEAM: Dynamo Swim Club
(770) 457-7946

FACILITY: Dynamo Community Swim Center
3119 Shallowford Road
Chamblee, GA 30341

Competition will be held in the Dynamo Swim Center's 8 lane (9 foot wide), 50 meter covered pool. The start and turn depth for the meter pool is 7 feet on both sides. Also available for warm-up/warm-down will be a 10 lane, 25 yard indoor pool. A Colorado Timing System will be used.

*The competition course has been certified in accordance with 104.2.2C(4).
The copy of such certification is on file with USA Swimming & Georgia Swimming.*

MEET DIRECTOR: Amanda Howard 770-457-7946 ext.13 amanda@dynamoswimclub.com

MEET REFEREE: Keith Dukes kddukes@bellsouth.net

SAFETY MARSHALL: Tennent Simpson

ELIGIBILITY: Open to all USA Swimming athletes registered with Georgia Swimming.

RULES: The current USA Swimming rules will govern the conduct of this meet, unless otherwise stated herein. Swimmers are responsible for swimming in assigned heat and lane. Coaches must register with the Meet Referee upon arriving at the meet and show their current USA Swimming coaches registration card. Coaches must wear their coaches' registration card at all times while on deck and in hospitality.

WARM_UP: The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool, and each team will be required to furnish at least one USA Swimming Certified Coach to monitor their swimmers.

SCRATCH RULE: The Georgia Scratch rule will be in effect during the conduct of this meet (copy attached).

FORMAT: All individual events will be conducted on a Preliminary and Final basis with the exception of the 400 IM, and the 400 and 800 Freestyles, which will be conducted as timed final events.

The 400 IM and 400 Freestyle will swum fastest to slowest alternating heats of women and men. The fastest two heats of each event will be swum in the evening session.

The 800 Freestyle will be swum fastest to slowest alternating heats of women and men. Swimmers will have the option to declare their preference of swimming AM or PM. The fastest 8 women and men declaring the PM option will compete in the finals session on Saturday night. The remaining heats will swim following

the conclusion of the 400 Freestyle Relay, beginning with the next fastest heat of women. All swimmers must check in for the 800 by 12:30 PM Friday.

Championship and one Consolation Heat will be swum in each event, except for the timed final events. The Championship Heat for each event will precede the Consolation Heat.

All heats of the 800 Freestyle Relay will be swum in the evening Final's session. All heats of the 400 Freestyle Relay will be swum in the morning preliminary session.

Those swimmers who are designated First and Second Alternate in each event must stand by the starter's console to be eligible for moving into an empty lane at Finals. Though no swimmers who are "scratched in" will be penalized for being absent from finals, meet management asks all swimmers who will not be returning for the evening session to scratch as a courtesy to other competitors. For more information on the process of check in and scratching, please refer to the current Georgia Scratch Rule included with this meet information.

In order to maintain a reasonable timeline and to regulate the continuity of the meet the Meet Director, in consultation with the Meet Management Committee (Meet Director, Senior Committee Chairs, Meet Referee), reserves the right to make the final decisions on the following: dive over starts, rest breaks, scheduling of time trial swims, and any other issues that affect the management (as opposed to the conduct) of the meet.

Dive-over starts may be utilized at the discretion of the meet management and officials.

DISTANCE EVENTS: *Each swimmer in the 800 Free will need to supply a counter.*

CHECK-IN: In order to be seeded into the deck-seeded events, swimmers and relay teams must check in with the Clerk of Course. Coaches must check in the 200 Freestyle Relay by 8:45 AM on Friday morning. For all other events (with the exception of the 800 Freestyle), the Clerk of Course will close for prelim event check-in at 9:00 AM each day. **Please note that swimmers must check in for the 800 Free no later than 12:30 PM Saturday, July 10th (the day before the event is to be swum).**

ENTRY LIMIT: Swimmers will be limited to competing in three (3) individual events per day plus relays. Each team will be limited to two (2) relay teams per event, with the exception of the 800 Freestyle Relay, in which each team is limited to a single (1) relay each.

THE MEET WILL BE LIMITED TO THE FIRST 400 SENIOR SWIMMERS FROM WHOM ENTRIES ARE RECEIVED.

Entries will be accepted strictly on a first come, basis. Absolutely no phone or fax entries accepted.

ENTRY FORMS: Please submit entries in a **Hytek entry file**. Each entry must include the USA Swimming Club Code; each swimmer's USA Swimming registration number; first and last name, age and seed time for each event entered. Incomplete entries may be refused. Each team must complete the **Meet Entry Summary Sheet**. A printed copy of all entries, fees, and a completed and signed **Liability Release Form** must be submitted by the entry deadline.

E-mail entries, as attached Hytek entry files, can be sent to: Amanda@dynamoswimclub.com as long as a hard copy, signed entry summary form, signed liability release form, and a check are received by the entry deadline. A word file of your entries must accompany e-mail entries so we can verify proper import.

Use LONG COURSE entry times.

ENTRY FEES: Individual events: four dollars fifty cents (\$4.50) each

All Relays: six dollars (\$6.00) each

Make Checks payable to: **DYNAMO PARENT'S CLUB.**

Entries will not be accepted unless accompanied by the correct fees.

ENTRY DEADLINE: All entries must be received on or before **Tuesday 29, June, 2010 before 5PM.**

Senior Circuit
C/o Dynamo Swim Club
3119 Shallowford Road
Chamblee, GA 30341

Use LONG COURSE entry times.

LATE ENTRIES: On site late entries will be permitted only if open lanes are available and will be seeded with NT. No additional heats will be created in pre-seeded events. Entry fees will be doubled for late entry of for individual and relay events. All swimmers entering late MUST show their USA registration card to the Clerk of Course to verify their current USA membership.

LIABILITY RELEASE: In granting this Sanction it is understood and agreed that, USA Swimming, Inc., Georgia Swimming, Inc. and the Dynamo Swim Club shall be free and held harmless from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event. Acceptance of this policy is evidenced by entry into this meet.

MANDATORY COACHES MEETING At least one coach from each team shall attend a short Coaches Meeting at 8:45AM on Friday, 9th July, in the hospitality Room. Signing in will be required. Coaches will need to show a current coach's USA Swimming registration card.

OFFICIALS: The Dynamo Swim Club welcomes and encourages the assistance of Certified Officials (and apprentices when capacity allows) from visiting teams. To volunteer, please notify the Meet Referee one hour before each session. Officials (and apprentices) should be prepared to present their LSC certification card, and their USA Swimming Registration Card to the meet Referee; and wear them at all times, while working on Deck or while in Hospitality. Standard dress for officials is blue pants or skirt; white polo shirt and white shoes and socks. Please, no shorts for Finals.

Officials wishing to work the meet can contact the Meet Referee:

Keith Dukes 404.786.3345 kddukes@bellsouth.net

HOSPITALITY & CONCESSIONS: Concessions will be available by Joy Delivered. A hospitality area will be provided for all officials and coaches.

PARKING: The Dynamo Swim Club has limited parking. Please adhere to the parking directions on the property.

**FOR ADDITIONAL
INFORMATION:
SCHEDULE:**

Amanda Howard 770-457-7946, ext. 13

Senior Circuit

Friday, July 9th

Prelims Warm-Up: 7:30AM

Start: 9:00AM

Finals Warm-Up: 5:00PM

Start: 6:00PM

Women	Event	Men
1	200 Freestyle Relay	2
3	200 Breaststroke	4
5	50 Butterfly	6
7	200 Freestyle	8
9	100 Butterfly	10
11	200 Medley Relay	12
13	400 IM	14
15	800 Freestyle Relay	16

Saturday, July 10th

Prelims Warm-Up: 7:30AM

Start: 9:00AM

Finals Warm-Up: 5:00PM

Start: 6:00PM

Women	Event	Men
17	50 Backstroke	18
19	200 Butterfly	20
21	50 Freestyle	22
23	100 Breaststroke	24
25	100 Backstroke	26
27	400 Medley Relay	28
29	400 Freestyle	30

Sunday, July 11th

Prelims Warm-Up: 7:30AM

Start: 9:00AM

Finals Warm-Up: 5:00PM

Start: 6:00PM

Women	Event	Men
31	50 Breaststroke	32
33	200 Backstroke	34
35	100 Freestyle	36
37	200 IM	38
39	400 Freestyle Relay	40
41	800 Freestyle	41

- All heats of the 200 Relays will be contested in the morning session
- The fastest two heats of the 400 IM will be contested in the evening session
- All heats of the 800 Free Relay will be contested in the evening session
- The fastest two heats of 400 Free will swim in the evening session
- The fastest two heats of the 400 Medley Relay will swim in the evening session after the 400 Free
- All heats of the 400 Free Relay will be contested in the morning session

The 800 Free will be the last event contested in the morning session, beginning with the fastest eight swimmers not declaring the PM option; at finals, the 800 will correspond to the numerical event order.

Dynamo Swim Club Preferred Hotels

Dynamo Swim Club Preferred Hotels



DOUBLETREE®
HOTELS•SUITES•RESORTS•CLUBS

**Doubletree Hotel Atlanta
NE/Northlake**

4156 LaVista Road
Tucker, GA 30084
678-987-1172 or 770-938-1026

\$79.00 per room + 12% tax
(valid only Thursday, Friday and
Saturday)

Full Service Hotel
(Room Service, Fitness Center,
Coin-operated Laundry, Wii
Game Area)

About 4 miles from the Dynamo
Swim Club (7 minutes)

Marlos Tavern serving breakfast,
lunch and dinner

For reservations contact:
Tammi Whitehead, Sales
Manager
678-987-1172 or
tammi.whitehead@hilton.com
www.atlantananorthlake.doubletree.com



**Holiday Inn-Select Atlanta
Perimeter Dunwoody**

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or (770) 457-6363

\$72.00 per room + 12% tax
Full service hotel

About 6 miles from Dynamo
Restaurant in hotel

For reservations contact:

Sales Manager@
(770)457-6363 ext.316

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\$79.00 Standard Room, valid
only Thursday, Friday and
Saturday

\$99.00 Junior Suite, valid only
Thursday, Friday and
Saturday.+13% tax
full service hotel

about 8 miles from Dynamo

For reservations contact:

Jacquelyn Simmons, Sales
Manager

(678)533-3327

www.atlantananortheast.hilton.com

Please make sure when making your reservation that you mention Dynamo Swim Club and use a Code Number if one is listed to get our special rate!!

**SENIOR CIRCUIT
Long Course Swim Meet
ENTRY SUMMARY SHEET
July 9-11, 2010**

TEAM _____ OFFICIAL ABBREVIATION _____
 COACH _____
 OFFICIAL TEAM ADDRESS _____
 CITY, STATE, ZIP _____
 HOME PHONE # _____ OFFICE PHONE # _____

	Number of Swimmers	Individual Events	Relays
Senior Boys:	_____	_____	_____
Senior Girls:	_____	_____	_____
TOTAL:	_____	_____	_____
TOTAL # OF NON-GEORGIA REGISTERED SWIMMERS _____			X \$2.00 = \$ _____.
TOTAL INDIVIDUAL ENTRIES: _____			X \$4.50 = \$ _____.
TOTAL RELAY ENTRIES: _____			X \$6.00 = \$ _____.
GRAND TOTAL			=\$ _____.

Make checks payable to: Dynamo Parents Club, Inc.

Entry Deadline: **Tuesday, June 29, 2010**

Mail or Deliver Entries to: Senior Circuit, c/o Dynamo Swim Club, 3119 Shallowford Road, Atlanta, GA 30341.

WAIVER, ACKNOWLEDGEMENT, AND LIABILITY RELEASE:

I, the undersigned coach or team representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during the meet.

Georgia Swimming, Inc., USA Swimming and Dynamo Swim Club, its agents, employees and coaches shall be free from any liability or claim for damages rising by reason of injury to anyone during the conduct of the meet.

_____	_____
Signature/Title	Date

Please include a list of USA Swim coaches who will be attending this meet. (Please use a separate sheet for other coaches. Include all coaches who may attend this meet)

This form must be returned with the check for entry fees.

GEORGIA SWIMMING INC.

SCRATCH RULE

The Scratch Rule used in all meets in Georgia where the meet format includes preliminary heats, consolation finals, and finals, is the same "Scratch Rule" as found in Section 207.12 Administrative Conduct of USA Swimming Championships, of the 2010 USA Swimming Rules and Regulations. Certain Georgia LSC additions listed below apply to all timed final meets as well.

“207.12.6.D. Scratching from finals:

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.”

Georgia LSC Additions:

Unless otherwise stated in the final sanctioned Meet Information:

1. Swimmers that qualify for any additional heats beyond the above mentioned “C, B and A” final heats as announced in the Meet Information will also be subject to the above rules concerning scratching from finals.
2. In all deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events.
3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
4. Qualifiers for all finals heats and the first and second alternates are those as identified on the original results of the preliminary heat. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.
5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
6. On the final day of LSC Championship competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
7. A “Positive check-in procedure” shall be used for deck seeded events. A swimmer’s intent to swim a race shall be denoted by the swimmer’s or swimmer’s coach’s initials entered next to the swimmers name on the official entry sheet posted at the Clerk of Course.

Adopted by the HOD
April 18, 2010