



Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.

Gwinnett Aquatics (GA)
 Hereafter known as “Host Club”
GA 2023 Long Course Kickoff
April 29-30, 2023

SANCTION:	Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #: GA23-047
ATTESTATION:	<ul style="list-style-type: none"> Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. In applying for this sanctioned event, the Host, Gwinnett Aquatics agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.
MAAPP: Minor Athlete Abuse Prevention Policy Effective June 23, 2019	<ul style="list-style-type: none"> A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”). All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP. As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP.
ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE	Times achieved by an athlete member at a sanctioned competition who is 18 years of age (+30-day grace period) who have not completed the Athlete Protection Training OR (whose APT training had expired) by the date of the swim, WILL NOT be uploaded to the SWIMS database.
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and Gwinnett Aquatics., shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
REPORT DISCRIMINATION:	The Georgia LSC believes that there is no place for discrimination in the sport of swimming. If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming’s Associate: Michelle Steinfeld, msteinfeld@usaswimming.org . Please provide a complete description of the incident as well as a way to contact you and/or other parties involved. For more information refer to gaswimming.org/diversity .
D, E, & I = Reference / Informational Section	Starting on September 1, 2022, USA Swimming members can submit anonymously or on the record through plain text messaging at 888-270-SWIM (7946). Georgia Swimming LSC: D, E, & I (teamunify.com)
MEET DIRECTOR:	Hugh Convery / hugh@gwinnettaquatics.com
MEET REFEREE:	Larry Norcini – larry@norcini.us
STARTER	Kelly Jowers
STROKE AND TURN:	Jennifer Dunbar
ADMIN OFFICIAL	Karin Mack
FACILITY:	Georgia Tech McAuley Aquatic Center - Campus Recreation Center 750 Ferst Drive Atlanta, GA 30332

	<p>This facility seats 1,900 and contains both a competition pool and diving well. The competition pool is 50 meter by 10 lanes, with two movable bulkheads so that courses can be set up for 25 yards or 25 meters. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming. The water depth of the pool is 9 1/2 feet at start end and 9 1/2 feet at turn end. (measured from a distance of 3' 3 1/2" (1.0 mtr) to 16'5" (5mtrs) from both end walls).</p>
SCHEDULE:	<p>Saturday Morning: 13&Over Warm Up @ 10:30 AM; Meet Starts @ 11:30 AM Saturday Afternoon: 13&Under (13, 11-12, 10&Uunder) Warm Up @ 3:15 PM; Meet starts @ 4 PM Sunday Morning: 13&Over Warm up @ 830AM; Meet starts @ 930 AM. Sunday Afternoon: 13&Under (13, 11-12, 10&Uunder) Warm Up @ 1:15 PM; Meet Starts @ 2 PM</p>
MEET FORMAT:	<p>This is a long course meet. All events will be Timed Finals. Chase Starts may be used and, if so, the meet will run Fast to Slow. Otherwise, slow to fast except as noted for 400s. Odd heats will start from the diving well end and Even heats will start from the scoreboard end. All 50's will start from the Scoreboard end of the pool. All events will be pre-seeded with the exception of the 400 Fr and the 400 IM. These events will require a positive check in. Positive check in is required for all deck seeded events WITHIN 30 minutes after the start of the session in which THOSE particular events ARE scheduled. The 400 Free and the 400 IM will swim FAST to SLOW and may be limited to the fastest 20 swimmers of each gender of the 10U, 11-13, 13-14 and 15 and Over age groups. <i>Meet Management may adjust session events and session start times to accommodate timelines.</i></p>
ENTRY FEES:	<p>\$8 per individual event plus \$15 facility surcharge. Late entries are double - \$16 per event. \$3.00 GA LSC Travel Fund per athlete A \$6.00 Ga travel surcharge applies to all non-Georgia LSC registered swimmers.</p>
ELIGIBILITY:	<p>Open to all 2022-23 swimmers registered with USA Swimming. This meet will be conducted as defined above. All 2022-2023 swimmers registered with USA Swimming and/or their respective FINA Federation, in good standing with their local national federation, will be allowed to compete. All foreign delegations must submit documentation from their federation indicating athletes, coaches, and team support are members in good standing of their FINA affiliated federation. "Host Club" will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member in as provided in Article 302.</p>
ENTRIES:	<p>Swimmers may enter four (4) events per day. Meet may be limited to 325 swimmers per session however the Meet Management reserves the right to determine the final number based on the timeline.</p>
CHECK IN: CLERK of COURSE	<p>On site late entries will be permitted only if open lanes are available and will be seeded with NT. Deck entries close 30 minutes before the start of the session. No additional heats will be created in pre-seeded events. Late entry fees will be doubled for individual events. Deck entries for swimmers not already in the meet require proof of USAS registration. Only three forms of membership are acceptable: 1.) A current USA Swimming Membership Card 2.) A printed USA Swimming Club Roster</p>
ENTRY SUBMISSION:	<p>Entry deadline is Thursday, April 20, 2023. Please submit entries in standard data format (SDIF) or Hy-tek (preferred) together with a pdf of the entries by name. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming</p>

	<p>number, first and last name, age, and seeding time for each event entered. Please mail a printed copy of all entries, fees, and a completed and signed liability release form to:</p> <p style="text-align: center;">Hugh Convery 1463 Benning Place NE Atlanta GA 30037</p> <p>Email Entries to – hugh@gwinnettaquatics.com</p>
RULES:	<p>Current USA Swimming Rules will govern this meet.</p> <p><u>Tech Suit Restrictions for 12-and-Under Swimmers</u> (Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.) (Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.) This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.</p> <p>Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p> <p>Deck changes are prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.</p> <p>On deck registrations will not be permitted during this event.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches’ areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee.</p> <p>All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other FINA-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted</p>

	<p>by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>Swimmers participating under the provisions of 202.9 or USA Swimming’s “open border” policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet</p>
USA SWIMMING MEMBER VERIFICATION:	September 22, Deck Pass and Deck Pass Plus are no longer available. To access USA Swimming member benefits, including your USA Swimming member card, download the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials are in good standing.
COACHES:	Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC.
COACHES MEETING:	If necessary, there will be a coach meeting via Zoom Thursday April 27 @ 8pm.
OFFICIALS:	Gwinnett Aquatics welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official’s meeting 30 minutes prior to the start of each session. The official’s uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.
MEET COMMITTEE / MEET JURY:	The Meet Committee / Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, Coaches, and athlete members, as appropriate. As defined in the Official Glossary (2023 USA Swimming Rulebook)
AWARDS	NO awards will be given at this meet
SCORES:	NO team scores will be kept at this meet
CONCESSIONS:	Available at the Tech concession stand
GEORGIA WARM-UP POLICY:	The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities. Refer www.gaofficials.org/documents > Sanctions
GEORGIA SCRATCH RULE:	Refer www.gaofficials.org/documents > Sanctions

Order of Events

Saturday, April 29

SESSION 1 - Warm Up @ 10:30 AM; Start @ 11:30 AM

Girls	EVENT	Boys
1	13 & Over 200 Back	2
3	13 & Over 100 Breast	4
5	13 & Over 50 Free	6
7	13 & Over 100 Fly	8
9	13 & Over 200 Free	10
11	13 & Over 400 IM	12

SESSION 2 - Warmups @ 3:15 PM; Start @ 4 PM

Girls	EVENT	Boys
13	13 & Under 100 Back	14
15	13 & Under 50 Breast	16
17	13 & Under 50 Free	18
19	13 & Under 50 Fly	20
21	9-13 200 Free	22

Sunday, April 30

SESSION 3 - Warm Up @ 8:30 AM; Start @ 9:30 AM

Girls	EVENT	Boys
23	13 & Over 200 IM	24
25	13 & Over 100 Back	26
27	13 & Over 200 Fly	28
29	13 & Over 100 Free	30
31	13 & Over 200 Breast	32
33	13 & Over 400 Free	34

SESSION 4 - Warm Up @ 1:15 PM; Start @ 2 PM

35	9-13 200 IM	36
37	13 & Under 50 Back	38
39	13 & Under 100 Fly	40
41	13 & Under 100 Free	42
43	13 & Under 100 Breast	44
45	9-13 400 Free	46

**Gwinnett Aquatics
Long Course Kickoff
April 29 – 30, 2023**

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Phone _____ Home _____ E-mail _____

For entry problems call or e-mail _____

All coaches from your team present at the meet, must be listed

Coach _____ Coach _____

Coach _____ Coach _____

Total individual events	_____	X \$8.00	= _____
Swimmers (Facility Surcharge)	_____	X \$15.00	= _____
GA LSC Travel Fund	_____	X \$3.00	= _____
Applies to all non-Georgia LSC registered swimmers	_____	X \$6.00	= _____
Total fees submitted:	_____		

Submit one check payable: Gwinnett Aquatics

Entries must be received on or before **April 19, 2023**. Mail entries to:

Hugh Convery
1436 Benning Place NE
Atlanta, GA 3037

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach, or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

In granting this sanction it is understood and agreed that USA Swimming, Georgia LCS and Southern Crescent Aquatic Team shall be free and harmless from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of this event.

I have reviewed RULE 302.4 FALSE REGISTRATION and if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signature/Title

Date

COVID 19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

This statement shall also be included in heat sheets