Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.



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Gwinnett Aquatics (GA) Hereafter known as "Host Club" GA 2025 Long Course Kickoff May 3-4, 2024

| SANCTION: ATTESTATION: | Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #: Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. In applying for this sanctioned event, the "Host Club" agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction. |
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| LIABILITY: | In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and "Host Club," shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event. |
| MAAPP: Minor Athlete Abuse Prevention Policy | This meet will adhere to the current Minor Athlete Abuse Prevention Policy ("MAAPP) set forth by USA Swimming. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming's Minor Athlete Abuse Prevention Policy ("MAAPP"). All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. ANY 18-year-old athlete who has not completed the APT requirements by their 18th birthday WILL NOT be a USA Swimming member in good standing unless or until the APT requirement is completed All chaperones, team managers, adult swimmers, meet directors, officials, and nonmember parents and meet volunteers are expected to understand and comply with MAAPP. As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP. |
| REPORT DISCRIMINATION: | The Georgia LSC believes that there is no place for discrimination in the sport of swimming. If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming's Associate: Michelle Steinfeld, <u>msteinfeld@usaswimming.org</u> . Please provide a complete description of the incident as well as a way to contact you and/or other parties involved. For more information refer to <u>gaswimming.org/diversity</u> . |

| D, E, & I = Reference / Informational Section | Starting on September 1, 2022, USA Swimming members can submit anonymously or on th record through plain text messaging at 888-270-SWIM (7946). | |
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| Intormational Section | | |
| | Georgia Swimming LSC: D, E, & I (teamunify.com) | |
| Swimmers with a Disability: | Club Meets, sanctioned by an LSC (no time standard) Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals must provide advance notice in writing, accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests. Coaches with swimmers with a disability (swads) competing must notify the Entry Chair with their entry and the Meet Referee prior to the meet. | |
| | • Coaches may use the Necessary Accommodation Form to satisfy this requirement. | |
| MEET DIRECTOR: | Hugh Convery / hugh@gwinnettaquatics.com | |
| MEET REFEREE: | Larry Norcini/Inorcini@gmail.com | |
| STARTER: | Kelly Jowers | |
| STROKE AND TURN #1: | Jennifer Dunbar | |
| STROKE AND TURN #2: | John Joiner | |
| ADMIN OFFICIAL: | Karin Mack | |
| MARSHALL #1: | Caitlin Martin | |
| MARSHALL #2: | Jacy MacConvery | |
| FACILITY: | Georgia Tech McAuley Aquatic Center Campus Recreation Center | |
| | 750 Ferst Drive Atlanta, GA 30332 | |
| | This facility seats 1,900 and contains both a competition pool and diving well. The competition pool is 50 meter by 10 lanes, with two movable bulkheads so that courses can be set up for 25 yards or 25 meters. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming & Georgia Swimming. The water depth of the pool is 9 1/2 feet at start end and 9 1/2 feet at turn end. (measured from a distance of 3' 3 1/2" (1.0 mtr) to 16'5" (5mtrs) from both end walls). | |
| SCHEDULE: | Saturday Morning: 13 & Over Warm Up @ 9:30 AM; Meet Starts @ 10:30 AM Saturday Afternoon: 12 & Under | |
| | Warm Up: No earlier than 1:45 PM; Meet starts: No earlier than 2:30 PM Sunday Morning: 13 & Over | |
| | Warm Up (a) 9:30 AM; Meet Starts (a) 10:30 AM | |
| | Sunday Afternoon: 12&Under | |
| | Warm Up: No earlier than 1:45 PM; Meet starts: No earlier than 2:30 PM | |
| MEDICAL SUPERVISION: | | |
| MEET FORMAT: | This is a long course meet. All events will be Timed Finals. | |
| | The meet will run will be seeded slow to fast except as noted for 400s. | |
| | All 50's will start from the Scoreboard end of the pool. | |
| | All events will be pre-seeded with the exception of the 400 Fr and the 400 IM . These | |
| | events will require a positive check in by the end of warmup. The 400 Free and the 400 | |
| | IM may be limited to the fastest swimmers of each gender as follows: 10U (15), 11-12 (15) 13 14 (15) and 15 and Over (25). If more are allowed to swim they will be | |
| | (15), 13-14 (15) and 15 and Over (25). If more are allowed to swim they will be | |
| | swum fast to slow alternating gender after the top 3/4 heats of both genders have swum. | |
| | <i>Meet Management may adjust session events and session start times to accommodate timelines.</i> | |

| ENTRY FEES: | • IND. EVENT FEE: \$10/Event |
|-------------------|--|
| | • LATE IND. ENTRIES: \$20/Event |
| | • FACILITY SURCHARGE: \$15 |
| | • \$3.00 GA LSC Travel Fund per athlete |
| | • \$6.00 GA travel fee applies to all non-Georgia LSC registered athletes |
| ELIGIBILITY: | Open |
| | This meet will be conducted as defined above. All 2025 swimmers registered with USA |
| | Swimming and/or their respective World Aquatics Federation, in good standing with their local national federation, will be allowed to compete. |
| | All foreign delegations must submit documentation from their federation indicating athletes, |
| | coaches, and team support are members in good standing of their World Aquatics affiliated |
| | federation. "Host Club" will not allow unregistered swimmers, coaches, officials, or teams |
| | to participate in this meet. No swimmer will be permitted to compete unless the swimmer is |
| | a member as provided in Article 302. |
| ENTRIES: | Swimmers may swim a maximum of 4 individual events per day and 7 for the meet. Deck |
| | entries can be made with the clerk of course up to 30 minutes before the start of the session. |
| | Meet may be limited to 350 swimmers per session however the Meet Management reserves |
| | the right to |
| CHECK IN: | determine the final number based on the timeline.On site late entries will be permitted only if open lanes are available and will be seeded with |
| CHECK IN: | NT. Deck entries close 30 minutes before the start of the session. No additional heats will |
| | be created in pre-seeded events. Late entry fees will be doubled for individual events. Deck |
| | entries for swimmers not already in the meet require proof of USAS registration. Only three |
| | forms of membership are acceptable: |
| | 1.) A printed USA Swimming Club Roster |
| | 2.) Verification through the use of USAS app |
| ENTRY SUBMISSION: | Submit one check payable to: Gwinnett Aquatics |
| | Entries must be received on or before: April 24, 2025 |
| | Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club |
| | Code and each swimmer's USA Swimming number, first and last name, age, and seeding |
| | time for each event entered. |
| RULES: | Current USA Swimming Rules will govern this meet. |
| | Tech Suit Restrictions for 12-and-Under Swimmers |
| | (Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend |
| | below the hips is permitted.) |
| | (Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the |
| | knees is permitted.) |
| | This rule is in effect for all USA Swimming competitions in the United States, so |
| | any manufacturer or vendor selling a suit in the United States is subject to the above |
| | rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet. |
| | competition at any sanctioned, Approved of Observed meet. |
| | Use of audio or visual recording devices, including a cell phone, is not permitted in |
| | changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms. |
| | Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as |
| | being proficient in performing a racing start or must start each race from within the water. |
| | When unaccompanied by a member coach, it is the responsibility of the swimmer or the |
| | swimmer's legal guardian to ensure compliance with this requirement. |
| | |

| | Deck changes are prohibited . (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet. |
|---------------------------|---|
| | On deck registrations will not be permitted during this event. |
| | Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet. |
| | Swimmers participating under the provisions of 202.9 or USA Swimming's "open border" policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. |
| USA SWIMMING | As of September 2022, Deck Pass and Deck Pass Plus are no longer available. To access |
| MEMBER | USA Swimming member benefits, including your USA Swimming member card, download |
| VERIFICATION: | the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials |
| COACHES: | are in good standing.Coaches will be required to sign in at the Clerk of Course desk to verify via USAS app, that |
| COACHES. | their credentials are in good standing with USA-S and their respective LSC. |
| COACHES MEETING: | If necessary, there will be a coach meeting via Zoom Thursday May 1 @ 8pm. |
| OFFICIALS: | "Host Club" welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official's meeting 30 minutes prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and white shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality. |
| AWARDS: | None |
| SCORING: | None |
| CONCESSIONS: | Available at the Tech concession stand |
| GEORGIA WARM-UP | The <u>Georgia Swimming approved warm-up guidelines</u> will be followed for this meet. |
| POLICY: | Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches |
| | must supervise in the vicinity of all warm-up activities. |
| GA. SCRATCH RULE: | Georgia Swimming Scratch Rule |
| MISC. INFORMATION: | None |

Saturday, May 3

SESSION 1 - Warm Up @ 9:30 AM; Start @ 10:30 AM

| Girls | EVENT | Boys |
|-------|----------------------|------|
| 1 | 13 & Over 200 Back | 2 |
| 3 | 13 & Over 100 Breast | 4 |
| 5 | 13 & Over 50 Free | 6 |
| 7 | 13 & Over 100 Fly | 8 |
| 9 | 13 & Over 200 Free | 10 |
| 11 | 13 & Over 400 IM | 12 |

SESSION 2 - Warmups @ 1:45 PM; Start @ 2:30 PM

| Girls | EVENT | Boys |
|-------|----------------------|------|
| 13 | 12 & Under 100 Back | 14 |
| 15 | 12 & Under 50 Breast | 16 |
| 17 | 12 & Under 50 Free | 18 |
| 19 | 12 & Under 50 Fly | 20 |
| 21 | 12 & Under 200 Free | 22 |

Sunday, May 4

SESSION 3 - Warm Up @ 9:30 AM; Start @ 10:30 AM

| Girls | EVENT | Boys |
|-------|----------------------|------|
| 23 | 13 & Over 200 IM | 24 |
| 25 | 13 & Over 100 Back | 26 |
| 27 | 13 & Over 200 Fly | 28 |
| 29 | 13 & Over 100 Free | 30 |
| 31 | 13 & Over 200 Breast | 32 |
| 33 | 13 & Over 400 Free | 34 |

SESSION 4 - Warmups @ 1:45 PM; Start @ 2:30 PM

| 35 | 12 & Under 200 IM | 36 |
|------------------------|--------------------------|----|
| 37 | 12 & Under 50 Back | 38 |
| 39 | 12 & Under 100 Fly | 40 |
| 41 | 12 & Under 100 Free | |
| 43 | 43 12 & Under 100 Breast | |
| 45 12 & Under 400 Free | | 46 |

Gwinnett Aquatics 2025 Long Course Kickoff May 3-4, 2025

| Team Name | Team abbreviation | |
|-------------------|-------------------|--|
| Team Address | | |
| City | State Zip | |
| Head Coach | | |
| Head Coach E-mail | Head Coach Cell | |

All coaches from your team must be listed and have valid USA Swimming credentials.

| 1 st Coach 2 nd Coach | |
|---|--|
|---|--|

4th Coach

| Facility Fee | \$15.00 x (number of athlete) | = |
|--------------------------------|-------------------------------|---|
| Event Fee | \$10.00 x (number of entries) | = |
| GA LSC Travel Fund | \$3.00 x (number of athlete) | = |
| Non-GA LSC registered athletes | \$6.00 x (number of athlete) | = |
| | TOTAL | = |

Submit one check payable to: Gwinnett Aquatics :

Hugh Convery 1436 Benning Place NE Atlanta, GA 30307 Entries must be received on or before <u>April 24, 2025</u> Email entries to: <u>hugh@gwinnettaquatics.com</u>

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signature/Title