



Gold Summer Invite 2025

Hosted By:
Chattahoochee GOLD

Date(s): 06/27/2025 - 06/29/2025

Sanction #: GA25-068/STT

Meet Director: Mark Schilling markschilling@goldswim.com	Meet Referee: Jason Frankel jf18111@gmail.com	Admin Official: Beth Wise beth.wise@gmail.com
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SANCTION:	Held under the sanction of USA Swimming, through Georgia Swimming Inc.																																																										
LIABILITY:	In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and "GOLD," shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.																																																										
FACILITY:	<p style="text-align: center;">Cumming Aquatic Center 201 Aquatic Circle^{SE} Cumming, GA 30040</p> <p>The 10 lane, 50 meter pool with a depth at the start ends equal to 12 feet and turn end depth equal 4.5 feet.</p> <p>Meet host will ensure the required course dimensions.</p>																																																										
MEDICAL SUPERVISION:	Lifeguards																																																										
SESSION SCHEDULE:	<table border="1"> <thead> <tr> <th>Session #</th><th>Date</th><th>Name</th><th>Warmup</th><th>Start</th></tr> </thead> <tbody> <tr> <td>1</td><td>2025-06-27</td><td>Friday AM</td><td>7 am</td><td>8 am</td></tr> <tr> <td>2</td><td>2025-06-27</td><td>Friday Midday</td><td>12 pm</td><td>1 pm</td></tr> <tr> <td>10</td><td>2025-06-27</td><td>Friday Mid Afternoon</td><td>3 pm</td><td>3:35 pm</td></tr> <tr> <td>3</td><td>2025-06-27</td><td>Friday finals</td><td>5 pm</td><td>6 pm</td></tr> <tr> <td>4</td><td>2025-06-28</td><td>Saturday AM</td><td>7 am</td><td>8 am</td></tr> <tr> <td>5</td><td>2025-06-28</td><td>Saturday Midday</td><td>12 pm</td><td>1 pm</td></tr> <tr> <td>6</td><td>2025-06-28</td><td>Saturday finals</td><td>5 pm</td><td>6 pm</td></tr> <tr> <td>7</td><td>2025-06-29</td><td>Sunday AM</td><td>7 am</td><td>8 am</td></tr> <tr> <td>8</td><td>2025-06-29</td><td>Sunday Midday</td><td>12 pm</td><td>1 pm</td></tr> <tr> <td>9</td><td>2025-06-29</td><td>Sunday finals</td><td>5 pm</td><td>6 pm</td></tr> </tbody> </table>				Session #	Date	Name	Warmup	Start	1	2025-06-27	Friday AM	7 am	8 am	2	2025-06-27	Friday Midday	12 pm	1 pm	10	2025-06-27	Friday Mid Afternoon	3 pm	3:35 pm	3	2025-06-27	Friday finals	5 pm	6 pm	4	2025-06-28	Saturday AM	7 am	8 am	5	2025-06-28	Saturday Midday	12 pm	1 pm	6	2025-06-28	Saturday finals	5 pm	6 pm	7	2025-06-29	Sunday AM	7 am	8 am	8	2025-06-29	Sunday Midday	12 pm	1 pm	9	2025-06-29	Sunday finals	5 pm	6 pm
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MEET FORMAT:	<ul style="list-style-type: none"> Course Type: Long Course Meters 																																																										

	<ul style="list-style-type: none"> ● Technical Strokes Format: 800 will be swam fast to slow alternating female and male. ● Finals Type: Combined ● Finals Events: all events for 11 and over swimmers will be prelims/ finals with the exception of 800 free, 400 IM, 400 Free ● Finals Format: 11-12 A and B finals (top 20) 13-14 A and B finals 15 and over A and B finals ● Lanes for Competition: 10 ● Lanes for Finals: 10 ● Warmup Lanes: 4 short course lanes in instructional
ENTRY FEES:	<ul style="list-style-type: none"> ● IND. EVENT FEE: \$10.00 / Event ● LATE IND. ENTRIES: \$20.00 / Event ● TIME TRIALS: \$20.00 / Event ● GA LSC Travel Fund \$3.00 / Georgia LSC registered athlete ● GA travel fee \$6.00 / non-Georgia LSC registered athlete
ELIGIBILITY:	<p>MEET TYPE: Open Open to all registered USA Swimmers. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</p>
SWIMMERS WITH A DISABILITY:	Athletes with a disability are welcomed, but advance notice of desired accommodation must be provided to the Meet Referee via, the NECESSARY ACCOMODATIONS FORM , which should be submitted by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests.
ENTRIES:	<p>Daily Limits: 10 and under 4, 11 and over 3. Time Trials will NOT count towards daily event limits.</p> <p>Deck entries are allowed up to 30 minutes before start. \$20 per.</p>
CHECK IN:	Checkin for distance races will close 30 minutes before the end of warmup.
ENTRY SUBMISSION:	<p>Submit one check payable to: Chattahoochee Gold Swim Club Entries must be received on or before: 06/18/2025 12:00pm Entries should be emailed to entries@goldswim.com</p>
RULES:	<p>Current USA Swimming Rules will govern this meet.</p> <ul style="list-style-type: none"> ● All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <u>Minor Athlete Abuse Prevention Policy</u> ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. ● On Deck USA-S registration will be permitted at the discretion of the Meet Director and/or Meet Referee. ● In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, restrooms, or locker rooms. Per GA Swimming policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

	<ul style="list-style-type: none"> • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
CREDENTIALS:	Only athletes, USA Swimming certified coaches, and USA Swimming officials, in good standing, will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. Parents not working the meet as a volunteer or other position are not permitted on deck.
OFFICIALS:	Chattahoochee GOLD welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an officials' meeting 1 hour prior to the start of each session. The official's uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and white shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.
AWARDS:	None
GEORGIA WARM-UP POLICY:	The GA Swimming Warm Procedures and Safety Policies will be followed.
GA. SCRATCH RULE:	The Georgia Swimming Scratch Rule will be in effect for this meet.

Meet Schedule

Order of Events

Session 1: Friday AM, June 27, 2024

Warm-up: 7:00 am

Start: 8:00 am

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
1	13 & Over	200 Free	2
3	13 & Over	100 Breast	4
5	13 & Over	100 Fly	6
	5 MINUTE BREAK		
7	13 & Over	400 IM	8

Session 2: Friday PM, June 28, 2024

Warm-up: 11:00 am

Start: 12:00 pm

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
9	10 & Under	200 IM	10
11	11-12	200 IM	12
13	10 & Under	100 Breast	14
15	11-12	200 Back	16
17	11-12	100 Free	18
19	10 & Under	100 Fly	20
21	11-12	50 Back	22
23	10 & Under	50 Free	24
25	11-12	100 Fly	26

Session 10: Friday Mid-Afternoon, June 28, 2024

Warm-up: 3:00 pm

Start: 3:35 pm

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
27**	11-12	800 Free (See Note)	28**

**** There will not be a break in between the end of session 2 and the beginning of session 10**

****800 Distance Event: Swimmers must provide their own TIMER and COUNTER**

Session 3: Friday FINALS, June 28, 2024
Warm-up: 5:00 pm **Start: 6:00 pm**

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS	NOTES
1	13 & Over	200 Free	2	Top 14 15-18, 13-14
11	11-12	200 IM	12	
3	13 & Over	100 Breast	4	Top 14 15-18, 13-14
17	11-12	100 Free	18	
5	13 & Over	100 Fly	6	Top 14 15-18, 13-14
21	11-12	50 Back	22	
25	11-12	100 Fly	26	

Session 4: Saturday AM, June 29, 2024
Warm-up: 7:00 am **Start: 8:00 am**

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
29	13 & Over	200 Breast	30
31	13 & Over	100 Back	32
33	13 & Over	200 Fly	34
35	13 & Over	50 Free	36
	5 MINUTE BREAK		
37	13 & Over	400 Free	38

Session 5: Saturday PM, June 29, 2024 [[SEP]] **Warm-up: 12:00 pm** **Start: 1:00 pm**

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
39	10 & Under	50 Breast	40
41	11-12	200 Free	42
43	10 & Under	200 Free	44
45	11-12	100 Breast	46
47	10 & Under	100 Back	48
49	11-12	100 Back	50
51	10 & Under	100 Free	52
53	11-12	100 Fly	54
	5 MINUTE BREAK		
55	11-12	400 IM	56

Session 6: Saturday FINALS, June 29, 2024
Warm-up: 5:00 pm Start: 6:00 pm

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS	NOTES
29	13 & Over	200 Breast	30	Top 14 15-18, 13-14
41	11-12	200 Free	42	
31	13 & Over	100 Back	32	Top 14 15-18, 13-14
45	11-12	100 Breast	46	
33	13 & Over	200 Fly	34	Top 14 15-18, 13-14
49	11-12	100 Back	50	
35	13 & Over	50 Free	36	Top 14 15-18, 13-14

Session 7: Sunday AM, June 30, 2024
Warm-up: 7:00 am Start: 8:00 am

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
57	13 & Over	200 Back	58
59	13 & Over	100 Free	60
61	13 & Over	200 IM	62
	5 MINUTE BREAK		
63**	13 & Over	800 Free (See Note)	64**

**** 800 Distance Event: Swimmers must provide their own TIMER and COUNTER**

Session 8: Sunday PM, June 30, 2024
Warm-up: 12:00 pm Start: 1:00 pm

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS
65	11-12	200 Breast	66
67	11-12	50 Breast	68
69	10 & Under	50 Fly	70
71	11-12	50 Free	72
73	10 & Under	50 Back	74
75	11-12	50 Fly	76
77	11-12	200 Fly	78
	5 MINUTE BREAK		
79	10 & Under	400 Free	80
81	11-12	400 Free	82

Session 9: Sunday FINALS, June 30, 2024

Warm-up: 5:00 pm

Start: 6:00 pm

GIRLS EVENTS	AGE GROUP	EVENT	BOYS EVENTS	NOTES
57	13 & Over	200 Back	58	Top 14 15-18 Top 14 13-14
67	11-12	50 Breast	68	
59	13 & Over	100 Free	60	Top 14 15-18 Top 14 13-14
71	11-12	50 Free	72	
61	13 & Over	200 IM	62	Top 14 15-18 Top 14 13-14
75	11-12	50 Fly	76	

Gold Summer Invite 2025: 06/27/2025 - 06/29/2025

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Head Coach E-mail _____ Head Coach Cell _____

All coaches from your team must be listed and have valid USA Swimming credentials.

1st Coach _____ 2nd Coach _____

3rd Coach _____ 4th Coach _____

Individual Event Fee	\$10.00 x (number of events)	= _____
GA LSC Travel Fund	\$3.00 x (number of athletes)	= _____
Non-GA LSC registered athletes	\$6.00 x (number of athletes)	= _____
	TOTAL	= _____

Submit one check payable to: Chattahoochee Gold Swim Club

Entries must be received on or before **06/18/2025 12:00pm** Email entries to: **entries@goldswim.com**

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signature/Title

Date