




Gwinnett Aquatics Winter Holiday Training Schedule 2024-25

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
12/23 Sr 7:45-9:30a & 3:00-6:00p Sr2 7:45-9:30a & 2:30-5:00p Sr3 2:30-5:00p Prep 9:15-10:45a & 6:15-8:30p Jr 6:15-8:30p Pre 5:00-5:45p Bl/Gld 5:30-7:00p Masters 12noon-1:00p	12/24 Sr 8:45-11:00a Sr2 7:30-10:00a Sr3 7:30-10:00a Prep/Jr 10:45a-12:45p Masters 7:30-8:30a	12/25 Merry Christmas! 	12/26 Sr 8:15-10:00a & 3:00-6:00p Sr2 & Sr3 7:30-9:00a & 2:30-5:00p Prep 9:45-11:15a* & 6:15-8:30p Jr 6:15-8:30p Bl/Gld 5:30-7:00p Masters 12noon-1:00p	12/27 Sr 7:45-9:30a & 3:00-6:00p Sr2 7:45-9:30a & 2:30-5:00p Sr3 2:30-5:00p Prep 6:00-8:15p Jr 6:15-8:15p Pre 5:00-5:45p Gld 5:30-7:00p Masters 12noon-1:00p	12/28 Sr 8:00-10:30a Sr2 7:00-9:15a Sr3 7:00-9:15a Prep/Jr 11:00a-1:00p Bl/Gld 10:00-11:30a Masters Time Trial 1:00-2:00p	12/29 Off
12/30 Sr 7:45-9:30a & 3:00-6:00p Sr2 7:45-9:30a & 2:30-5:00p Sr3 2:30-5:00p Prep 9:15-10:45a* & 6:15-8:30p Jr 6:15-8:30p Pre 5:00-5:45p Bl/Gld 5:30-7:00p Masters 12noon-1:00p	12/31 Sr 7:30-10:30a Sr2 7:30-10:00a Sr3 7:30-10:00a Prep/Jr 10:30a-12:30p Bl/Gld 9:30-11:00a Masters 12noon-1:00p	1/1 Happy New Year! Sr 1:10-4:30p Sr2 4:00-6:15p Prep 11:45a-2:00p	1/2 Sr 8:15-10:00a & 3:00-6:00p Sr2 & Sr3 7:30-9:00a & 2:30-5:00p Prep 9:45-11:15a & 6:15-8:30p Jr 6:15-8:30p Bl/Gld 5:30-7:00p Masters 12noon-1:00p	1/3 Sr 8:15-10:00a & 3:00-6:00p Sr2 7:30-9:00a & 2:30-5:00p Sr3 7:30-9:00a & 2:30-5:00p Prep 6:00-8:15p Jr 6:15-8:15p Pre 5:00-5:45p Gld 5:30-7:00p Masters 12noon-1:00p	1/4 Sr 8:00-10:30a Sr2 7:00-9:15a Sr3 7:00-9:15a Prep/Jr 11:00a-1:00p Bl/Gld 10:00-11:30a	1/5 Regular schedule resumes 1/6

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