

2025 NC SwimMAC Novant LC - 1/18/2025 to 1/20/2025**Session Report**

Session: 1 Sat Prelims

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Women 100 Breaststroke	19	3	09:00 AM	_____
Prelims	2 Men 100 Breaststroke	24	3	09:06 AM	_____
Prelims	3 Girls 13-14 100 Breaststroke	10	2	09:10 AM	_____
Prelims	4 Boys 13-14 100 Breaststroke	20	3	09:14 AM	_____
	Break: 2 Minutes: Timers Move				
Finals	5 Girls 11-12 50 Breaststroke	33	5	09:22 AM	_____
Finals	6 Boys 11-12 50 Breaststroke	21	3	09:28 AM	_____
	Break: 2 Minutes: Timers Move				
Prelims	7 Women 200 Freestyle	29	4	09:33 AM	_____
Prelims	8 Men 200 Freestyle	49	7	09:44 AM	_____
Prelims	9 Girls 13-14 200 Freestyle	21	3	10:01 AM	_____
Prelims	10 Boys 13-14 200 Freestyle	16	2	10:10 AM	_____
Prelims	11 Women 100 Butterfly	29	4	10:16 AM	_____
Prelims	12 Men 100 Butterfly	31	4	10:22 AM	_____
Prelims	13 Girls 13-14 100 Butterfly	8	1	10:27 AM	_____
Prelims	14 Boys 13-14 100 Butterfly	22	3	10:29 AM	_____
	Break: 2 Minutes: Timers Move				
Finals	15 Girls 11-12 50 Butterfly	34	5	10:36 AM	_____
Finals	16 Boys 11-12 50 Butterfly	22	3	10:41 AM	_____
	Break: 2 Minutes: Timers Move				
Prelims	17 Women 200 IM	36	5	10:46 AM	_____
Prelims	18 Men 200 IM	48	6	11:01 AM	_____
Prelims	19 Girls 13-14 200 IM	18	3	11:17 AM	_____
Prelims	20 Boys 13-14 200 IM	24	3	11:27 AM	_____
Finals	21 Girls 11-12 400 Freestyle	34	5 u	11:36 AM	_____
Finals	22 Boys 11-12 400 Freestyle	21	3 u	12:08 PM	_____
Finals-S	23 Women 800 Freestyle	15	2 u	12:26 PM	_____
	Top 8 swim at night				
	Swimmers Counts for Warm-ups: 245	=====	=====		
	Entry / Heat Totals:	584	82		
	Finish Time			12:46 PM	_____

2025 NC SwimMAC Novant LC - 1/18/2025 to 1/20/2025**Session Report**

Session: 3 Sat Finals

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	23 Women 800 Freestyle	8	1 u	05:30 PM	_____
	Top 8 swim at night				
Finals	1 Women 100 Breaststroke	19	3 u	05:41 PM	_____
Finals	2 Men 100 Breaststroke	24	3 u	05:47 PM	_____
Finals	3 Girls 13-14 100 Breaststroke	8	1 u	05:53 PM	_____
Finals	4 Boys 13-14 100 Breaststroke	8	1 u	05:55 PM	_____
Finals	7 Women 200 Freestyle	24	3 u	05:57 PM	_____
Finals	8 Men 200 Freestyle	24	3 u	06:06 PM	_____
Finals	9 Girls 13-14 200 Freestyle	8	1 u	06:14 PM	_____
Finals	10 Boys 13-14 200 Freestyle	8	1 u	06:17 PM	_____
Finals	11 Women 100 Butterfly	24	3 u	06:20 PM	_____
Finals	12 Men 100 Butterfly	24	3 u	06:25 PM	_____
Finals	13 Girls 13-14 100 Butterfly	8	1 u	06:31 PM	_____
Finals	14 Boys 13-14 100 Butterfly	8	1 u	06:32 PM	_____
Finals	17 Women 200 IM	24	3 u	06:34 PM	_____
Finals	18 Men 200 IM	24	3 u	06:44 PM	_____
Finals	19 Girls 13-14 200 IM	8	1 u	06:53 PM	_____
Finals	20 Boys 13-14 200 IM	8	1 u	06:56 PM	_____
Finals	25 Women 800 Freestyle Relay	2	1	06:59 PM	_____
Finals	26 Men 800 Freestyle Relay	2	1	07:08 PM	_____
	Swimmers Counts for Warm-ups: 149	=====	=====		
	Entry / Heat Totals:	263	35		
	Finish Time			07:17 PM	_____

2025 NC SwimMAC Novant LC - 1/18/2025 to 1/20/2025**Session Report**

Session: 4 Sunday Prelims

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	27 Women 400 IM	25	4 u	09:00 AM	_____
Prelims	28 Men 400 IM	32	4 u	09:23 AM	_____
Prelims	29 Girls 13-14 400 IM	13	2 u	09:44 AM	_____
Prelims	30 Boys 13-14 400 IM	14	2 u	09:56 AM	_____
Finals	31 Girls 11-12 200 IM	24	3	10:09 AM	_____
Finals	32 Boys 11-12 200 IM	13	2	10:19 AM	_____
	Break: 2 Minutes: Timers Move				
Prelims	33 Women 50 Freestyle	30	4	10:28 AM	_____
Prelims	34 Men 50 Freestyle	40	5	10:32 AM	_____
Prelims	35 Girls 13-14 50 Freestyle	19	3	10:36 AM	_____
Prelims	36 Boys 13-14 50 Freestyle	21	3	10:38 AM	_____
Finals	37 Girls 11-12 50 Freestyle	29	4	10:41 AM	_____
Finals	38 Boys 11-12 50 Freestyle	19	3	10:45 AM	_____
	Break: 2 Minutes: Timers Move				
Prelims	39 Women 100 Backstroke	41	6	10:49 AM	_____
Prelims	40 Men 100 Backstroke	38	5	11:00 AM	_____
Prelims	41 Girls 13-14 100 Backstroke	19	3	11:08 AM	_____
Prelims	42 Boys 13-14 100 Backstroke	21	3	11:14 AM	_____
	Break: 2 Minutes: Timers Move				
Finals	43 Girls 11-12 50 Backstroke	27	4	11:22 AM	_____
Finals	44 Boys 11-12 50 Backstroke	11	2	11:27 AM	_____
	Break: 2 Minutes: Timers Move				
Prelims	45 Women 400 Freestyle	27	4 u	11:32 AM	_____
Prelims	46 Men 400 Freestyle	44	6 u	11:52 AM	_____
Finals	49 Girls 11-12 200 Freestyle	25	4	12:21 PM	_____
Finals	50 Boys 11-12 200 Freestyle	17	3	12:33 PM	_____
Prelims	47 Girls 13-14 400 Freestyle	13	2 u	12:42 PM	_____
Prelims	48 Boys 13-14 400 Freestyle	20	3 u	12:53 PM	_____
	Swimmers Counts for Warm-ups: 250	=====	=====		
	Entry / Heat Totals:	582	84		
	Finish Time			01:10 PM	_____

2025 NC SwimMAC Novant LC - 1/18/2025 to 1/20/2025

Session Report

Session: 6 Sunday Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	27 Women 400 IM	24	3 u	05:30 PM	_____
Finals	28 Men 400 IM	24	3 u	05:48 PM	_____
Finals	29 Girls 13-14 400 IM	8	1 u	06:05 PM	_____
Finals	30 Boys 13-14 400 IM	8	1 u	06:11 PM	_____
Finals	33 Women 50 Freestyle	24	3 u	06:17 PM	_____
Finals	34 Men 50 Freestyle	24	3 u	06:21 PM	_____
Finals	35 Girls 13-14 50 Freestyle	8	1 u	06:24 PM	_____
Finals	36 Boys 13-14 50 Freestyle	8	1 u	06:25 PM	_____
Finals	39 Women 100 Backstroke	24	3 u	06:27 PM	_____
Finals	40 Men 100 Backstroke	24	3 u	06:33 PM	_____
Finals	41 Girls 13-14 100 Backstroke	8	1 u	06:39 PM	_____
Finals	42 Boys 13-14 100 Backstroke	8	1 u	06:41 PM	_____
Finals	45 Women 400 Freestyle	24	3 u	06:43 PM	_____
Finals	46 Men 400 Freestyle	24	3 u	06:59 PM	_____
Finals	47 Girls 13-14 400 Freestyle	8	1 u	07:14 PM	_____
Finals	48 Boys 13-14 400 Freestyle	8	1 u	07:20 PM	_____
Finals	51 Women 400 Medley Relay	2	1	07:25 PM	_____
Finals	52 Men 400 Medley Relay	3	1	07:30 PM	_____
	Swimmers Counts for Warm-ups: 152	=====	=====		
	Entry / Heat Totals:	261	34		
	Finish Time			07:36 PM	_____

2025 NC SwimMAC Novant LC - 1/18/2025 to 1/20/2025**Session Report**

Session: 7 Monday Prelims

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	53 Women 200 Breaststroke	23	3	09:00 AM	_____
Prelims	54 Men 200 Breaststroke	27	4	09:10 AM	_____
Prelims	55 Girls 13-14 200 Breaststroke	10	2	09:22 AM	_____
Prelims	56 Boys 13-14 200 Breaststroke	16	2	09:30 AM	_____
Finals	57 Girls 11-12 100 Breaststroke	26	4	09:37 AM	_____
Finals	58 Boys 11-12 100 Breaststroke	13	2	09:45 AM	_____
Prelims	59 Women 200 Backstroke	34	5	09:50 AM	_____
Prelims	60 Men 200 Backstroke	32	4	10:05 AM	_____
Prelims	61 Girls 13-14 200 Backstroke	20	3	10:18 AM	_____
Prelims	62 Boys 13-14 200 Backstroke	14	2	10:28 AM	_____
Finals	63 Girls 11-12 100 Backstroke	30	4	10:34 AM	_____
Finals	64 Boys 11-12 100 Backstroke	15	2	10:42 AM	_____
Prelims	65 Women 100 Freestyle	41	6	10:47 AM	_____
Prelims	66 Men 100 Freestyle	46	6	10:55 AM	_____
Prelims	67 Girls 13-14 100 Freestyle	21	3	11:03 AM	_____
Prelims	68 Boys 13-14 100 Freestyle	24	3	11:07 AM	_____
Finals	69 Girls 11-12 100 Freestyle	29	4	11:12 AM	_____
Finals	70 Boys 11-12 100 Freestyle	17	3	11:18 AM	_____
Prelims	71 Women 200 Butterfly	23	3	11:23 AM	_____
Prelims	72 Men 200 Butterfly	32	4	11:32 AM	_____
Prelims	73 Girls 13-14 200 Butterfly	6	1	11:43 AM	_____
Prelims	74 Boys 13-14 200 Butterfly	13	2	11:46 AM	_____
Finals	75 Girls 11-12 100 Butterfly	19	3	11:53 AM	_____
Finals	76 Boys 11-12 100 Butterfly	15	2	11:59 AM	_____
Finals-S	78 Men 1500 Freestyle	12	2 u	12:02 PM	_____
Top 8 swims at night					
Swimmers Counts for Warm-ups: 244		=====	=====		
Entry / Heat Totals:		558	79		
Finish Time				12:38 PM	_____

2025 NC SwimMAC Novant LC - 1/18/2025 to 1/20/2025**Session Report**

Session: 9 Monday Finals

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	78 Men 1500 Freestyle	8	1 u	05:30 PM	_____
	Top 8 swims at night				
Finals	53 Women 200 Breaststroke	23	3 u	05:49 PM	_____
Finals	54 Men 200 Breaststroke	24	3 u	05:59 PM	_____
Finals	55 Girls 13-14 200 Breaststroke	8	1 u	06:09 PM	_____
Finals	56 Boys 13-14 200 Breaststroke	8	1 u	06:13 PM	_____
Finals	59 Women 200 Backstroke	24	3 u	06:16 PM	_____
Finals	60 Men 200 Backstroke	24	3 u	06:27 PM	_____
Finals	61 Girls 13-14 200 Backstroke	8	1 u	06:36 PM	_____
Finals	62 Boys 13-14 200 Backstroke	8	1 u	06:40 PM	_____
Finals	65 Women 100 Freestyle	24	3 u	06:43 PM	_____
Finals	66 Men 100 Freestyle	24	3 u	06:48 PM	_____
Finals	67 Girls 13-14 100 Freestyle	8	1 u	06:53 PM	_____
Finals	68 Boys 13-14 100 Freestyle	8	1 u	06:55 PM	_____
Finals	71 Women 200 Butterfly	23	3 u	06:57 PM	_____
Finals	72 Men 200 Butterfly	24	3 u	07:07 PM	_____
Finals	73 Girls 13-14 200 Butterfly	6	1 u	07:15 PM	_____
Finals	74 Boys 13-14 200 Butterfly	8	1 u	07:19 PM	_____
Finals	79 Women 400 Freestyle Relay	2	1	07:22 PM	_____
Finals	80 Men 400 Freestyle Relay	3	1	07:26 PM	_____
	Swimmers Counts for Warm-ups: 164	=====	=====		
	Entry / Heat Totals:	265	35		
	Finish Time			07:31 PM	_____