## Southeastern Meet of Champions Team Travel 2025 March 5<sup>th</sup>-9<sup>th</sup>

# General Info:

We are traveling as a team to the <u>Southeastern Meet of Champions</u> in Augusta, Ga, from March 5<sup>th</sup> to 9<sup>th</sup>. The meet is a 3.5 days Prelims/Finals meet. Coach Lucas is the only coach attending; Kim Duffield and Michelle Hardy will split chaperone duties.

Swimmers will travel on Wednesday, March 5<sup>th</sup> (this will require an early check out from school; if enough swimmers would like to head out later we might send a car a little later), the meet is Prelims/Finals Thursday-Saturday, and Timed Finals on Sunday, and we'll return Sunday mid-afternoon.

We'll be staying at the Fairfield Inn (<u>3023 1/2 Washington Rd, Augusta, GA</u> <u>30907</u>). The total cost for the trip will be **<u>\$345.00/person</u>**, and covers hotel and transportation – this will be billed to your account in the next cycle. In addition, we'll cater dinners Wednesday-Saturday, and those will be charged to your activity account separately (we estimate \$15.00-\$20.00/meal).

There is free breakfast on the hotel. Swimmers should bring additional money for lunch every day, and a little more for buying snacks at the grocery store, and meet vendor.

Here's the contact info for the coach on the trip: Lucas Ferreira: 515 422-0323

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# Itinerary

**Please note:** depending on meet timeline, or other factors, there might be changes to the itinerary. Those will be announced by the coaches as the need arises, so be sure to be attentive when coaches are giving instructions! For <u>warm-ups</u>, <u>vans will leave promptly at the time listed (or announced) so be sure to always be at the lobby 5-10min early!</u>

## Wednesday, March 5th

12:45pm	- Arrive @ QR and load the Van (must have already had lunch)
1:00pm	- Promptly! Depart for Augusta, Ga
**TBA**	- IF enough swimmers, there will be a 2 <sup>nd</sup> group leaving at a time
TBA and heading straight to the pool	
3:15pm	- Check-in @ Hotel
4:30pm	- Leave for loosen swim
5:30pm	- Grocery Store
7:00pm	- Dinner
9:00pm	- Room Checks
10:00pm	- Lights out!

#### Thursday-Saturday, March 6<sup>th</sup>-8<sup>th</sup>:

7:00am	- Breakfast @ hotel
7:20am	- Leave for pool (meet starts at 9:00am)
Lunch & return to hote	el will vary depending on timeline
1pm-4:00pm	- <u>Quiet time in rooms</u>
4:40pm	- Finalists to the pool (meet starts at 6:00pm)
5:30pm	- ALL non-finalists to the pool to cheer at finals!
9:00pm	- Room checks
10:00pm	- Lights out!
nor oither at the need or a	a again as we arrive at the hotal

\* Dinner either at the pool or as soon as we arrive at the hotel

## Sunday, March 9<sup>th</sup> (note: Daylight Savings Time starts!!!):

8:20am	- Breakfast @ hotel
8:50am	- Leave for pool (meet starts at 10:30am)
Return to Quinn Ridge at the end of session (lunch stop on the way)	
4:00pm (est.)	- Arrive @ QR



As an authorized representative of the GWINNETT AQUATICS, Georgia Swimming LSC, and USA Swimming, I will comply with the following guidelines.

1. The possession or use of alcohol, tobacco products or controlled substances by any athlete is prohibited.

2. Curfews established by the coaches or chaperones will be adhered to each day.

3. Team members and staff will attend all team functions including meetings, warm-ups, practices, competitions, meals, etc., unless otherwise excused or instructed by the coach of record.

4. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athletes' rooms, and no female athletes in male athletes' rooms.

5. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the GWINNETT AQUATICS, Georgia Swimming LSC or USA Swimming or be detrimental to its performance objectives.

6. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors and the public.

7. Any additional guidelines for the team will be established as needed by the coach of record.

### IMPLEMENTATION

a. Your signature of the document constitutes unconditional agreement to comply with the GWINNETT AQUATICS Code of Conduct.

b. Failure to comply with the Code of Conduct as set forth in this document may result in disciplinary action.

Such discipline may include, but not be limited to:

- 1. Dismissal from the travel team and immediate return home (at the parents' expense);
- 2. Disqualification from one or more events, or all events of competition;
- 3. Disqualification from future GWINNETT AQUATICS travel.
- 4. Financial penalties (return from meet, lost entries, etc.)
- 5. Dismissal from the team

The undersigned has read and understands the terms of this agreement.

Name

(please print)

Southeastern Meet of Champions 3/5-9/2025 Event (Meet, training camp, etc.)

Signature

Date

Parent Signature (If athlete is under 18)

Date