

**Individual Meet Results - Standard: TUSS**

**2019 Speedo ESSZ Spring SC Championship 07-Mar-19 to 10-Mar-19 Yards**  
**Location: Triangle Aquatic Center**

Time	F/P/S	Event	Place	Points	Improv
<b>Juliana Carey (18) F (19)</b>					
1:09.39Y AA	P # 7	Female 100 Breast	GA-GA	52	1.51
	32.48	1:09.39			
59.40Y AA	P # 9	Female 100 Fly	GA-GA	74	1.15
	27.60	59.40			
4:37.89Y AA	P # 11	Female 400 IM	GA-GA	39	2.85
	29.38	1:03.25 1:38.44 2:12.65 2:53.27 3:34.32 4:06.65 4:37.89			
NS	P # 19	Female 200 Breast	GA-GA	---	---
59.18Y AA	P # 21	Female 100 Back	GA-GA	47	1.74
	28.85	59.18			
NS	P # 29	Female 200 Back	GA-GA	---	---
NS	P # 31	Female 200 IM	GA-GA	---	---
<b>Lauren Diehl (16) F</b>					
1:10.09Y AA	P # 7	Female 100 Breast	GA-GA	57	-0.07
	33.18	1:10.09			
59.18Y AAA	P # 9	Female 100 Fly	GA-GA	62	-0.16
	27.88	59.18			
4:40.36Y DQ	P # 11	Female 400 IM	GA-GA	---	---
	29.23	1:03.64 1:40.09 2:15.45 2:55.33 3:35.87 4:09.38 4:40.36			
2:28.43Y AA	P # 19	Female 200 Breast	GA-GA	41	-3.01
	33.43	1:11.32 1:50.15 2:28.43			
2:13.66Y AA	P # 31	Female 200 IM	GA-GA	75	2.78
	28.21	1:01.85 1:40.95 2:13.66			
2:14.99Y AA	T # 409	Mixed 200 Fly	GA-GA	3	1.37
	28.32	1:02.34 1:38.72 2:14.99			

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<b>Charlie Fountain (18) M (19)</b>					
9:39.21Y AAA	F # 2	Male 1000 Free	GA-GA	15	2
	26.13	54.27 1:22.97	1:51.73	2:20.70	2:49.51
	4:16.85	4:46.29 5:15.38	5:44.69	6:14.34	6:43.85
	8:12.24	8:41.44 9:10.72	9:39.21	3:18.67	3:47.75
				7:12.90	7:42.59
1:46.08Y AA	P # 6	Male 200 Free	GA-GA	48	---
	24.89	51.71 1:18.80	1:46.08		
4:05.43Y AAA	P # 12	Male 400 IM	GA-GA	17	---
	26.80	56.54 1:28.55	2:00.34	2:34.63	3:09.38
				3:38.16	4:05.43
4:05.83Y AAA	F # 12	Male 400 IM	GA-GA	14	3
	26.51	56.41 1:29.01	2:00.34	2:34.86	3:09.55
				3:38.87	4:05.83
1:55.73Y AAA	P # 16	Male 200 Fly	GA-GA	25	---
	26.01	55.49 1:25.86	1:55.73		
1:56.49Y AAA	F # 16	Male 200 Fly	GA-GA	24	---
	26.28	55.83 1:25.88	1:56.49		
2:09.99Y AAA	P # 20	Male 200 Breast	GA-GA	24	---
	29.98	1:02.83 1:36.04	2:09.99		
2:12.61Y AA	F # 20	Male 200 Breast	GA-GA	24	---
	30.82	1:04.43 1:38.39	2:12.61		
4:39.98Y AAA	P # 24	Male 500 Free	GA-GA	16	---
	25.25	52.96 1:21.06	1:49.54	2:18.24	2:46.97
	4:12.62	4:39.98		3:15.88	3:44.29
16:05.02Y AAA	F # 30	Male 1650 Free	GA-GA	9	9
	26.50	54.81 1:23.73	1:52.97	2:22.25	2:51.67
	4:19.69	4:49.00 5:18.27	5:47.83	6:17.80	6:47.33
	8:16.11	8:45.68 9:15.40	9:45.06	10:14.29	10:43.92
	12:12.53	12:41.79 13:11.47	13:41.09	14:10.31	14:39.72
	16:05.02			15:09.10	15:38.06
1:59.22Y AA	P # 32	Male 200 IM	GA-GA	49	---
	25.56	56.46 1:31.62	1:59.22		

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<b>Griffin Hammett (17) M (19)</b>					
1:44.12Y AAA	P # 6	Male 200 Free	GA-GA	25	---
	24.59	51.08 1:17.77			1:44.12
1:44.33Y AAA	F # 6	Male 200 Free	GA-GA	22	---
	24.32	50.58 1:17.46			1:44.33
51.53Y AAA	F # 10	Male 100 Fly	GA-GA	26	---
	24.25	51.53			
51.59Y AAA	P # 10	Male 100 Fly	GA-GA	25	---
	24.22	51.59			
4:11.21Y DQ	P # 12	Male 400 IM	GA-GA	---	---
	26.41	56.26 1:29.87			2:01.77 2:37.52 3:13.77 3:43.12 4:11.21
1:53.89Y AAA	P # 16	Male 200 Fly	GA-GA	14	---
	25.47	54.33 1:23.62			1:53.89
1:54.41Y AAA	F # 16	Male 200 Fly	GA-GA	14	3
	25.68	54.53 1:24.04			1:54.41
53.78Y AA	P # 22	Male 100 Back	GA-GA	53	---
	26.18	53.78			
4:46.53Y AAA	P # 24	Male 500 Free	GA-GA	39	---
	26.38	55.18 1:24.33			1:53.54 2:22.49 2:51.71 3:20.56 3:49.83
	4:18.82	4:46.53			
48.49Y AA	P # 26	Male 100 Free	GA-GA	54	---
	23.48	48.49			
1:58.77Y AA	P # 28	Male 200 Back	GA-GA	56	---
	28.88	58.84 1:29.41			1:58.77
1:59.36Y AA	P # 32	Male 200 IM	GA-GA	51	---
	25.27	56.21 1:31.08			1:59.36

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<b>Sarah Jahns (18) F (19)</b>					
10:05.91Y	AAAA F # 1	Female 1000 Free	GA-GA 4	15	-13.07
	27.80	57.38 1:27.53 1:57.82	2:28.14 2:58.25 3:28.56 3:59.40		
	4:29.67	4:59.99 5:30.50 6:01.44	6:32.56 7:03.32 7:34.18 8:04.72		
	8:35.31	9:06.02 9:36.66 10:05.91			
1:54.08Y	AAA P # 5	Female 200 Free	GA-GA 32	---	0.03
	26.81	55.82 1:25.30 1:54.08			
1:54.64Y	AAA F # 5	Female 200 Free	GA-GA 31	---	0.59
	26.66	55.87 1:25.88 1:54.64			
53.83Y	AA F # 13	400 Free Relay Lead Off	GA-GA ---	---	-0.02
	26.33				
4:59.33Y	AAAA P # 23	Female 500 Free	GA-GA 10	---	-1.56
	27.54	57.25 1:27.46 1:57.84	2:28.34 2:58.68 3:29.34 3:59.70		
	4:30.08	4:59.33			
5:02.51Y	AAA F # 23	Female 500 Free	GA-GA 14	3	1.62
	27.32	57.24 1:27.64 1:58.34	2:29.10 2:59.76 3:30.80 4:01.68		
	4:32.51	5:02.51			
NS	P # 25	Female 100 Free	GA-GA ---	---	---
16:52.58Y	AAAA F # 27	Female 1650 Free	GA-GA 4	15	-15.18
	27.91	58.08 1:28.49 1:59.20	2:29.96 3:00.86 3:31.47 4:02.44		
	4:33.25	5:04.05 5:35.15 6:06.07	6:37.17 7:08.37 7:39.15 8:09.78		
	8:40.55	9:10.94 9:41.58 10:12.12	10:43.06 11:13.61 11:44.24 12:15.19		
	12:46.07	13:16.90 13:47.77 14:18.67	14:49.60 15:20.73 15:51.91 16:22.90		
	16:52.58				
2:05.86Y	AAA P # 29	Female 200 Back	GA-GA 26	---	1.00
	30.48	1:01.93 1:34.03 2:05.86			
2:07.18Y	AA F # 29	Female 200 Back	GA-GA 22	---	2.32
	30.26	1:02.19 1:35.04 2:07.18			
<b>Maggie Nguyen (16) F</b>					
1:58.47Y	AA P # 5	Female 200 Free	GA-GA 87	---	0.15
	27.73	58.19 1:28.85 1:58.47			
25.15Y	AAA P # 17	Female 50 Free	GA-GA 66	---	0.20
54.35Y	AAA P # 25	Female 100 Free	GA-GA 77	---	0.79
	26.31	54.35			
1:12.13Y	A T # 403	Mixed 100 Breast	GA-GA 3	---	0.63
	34.62	1:12.13			